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## **Know Your Options**

## UNDER 18

## Children's After Hours Walk-In Clinic - Ajax

Children's walk-in medical clinic **Requirements:** 

Call or visit \* no referral required **Population served:** 

Children and youth 18 years and younger who need medical care for minor illnesses and injuries Address: IDA Pharmacy, 2460 Brock Rd, Pickering ON L1V 2P8 Phone: 905-427-1445

## Med Cure Medical Clinic

Walk-in medical clinic with associated family practice and attached pharmacy\* In-person visits for children up to 18 years of age staffed by pediatrician. **Requirements:** N/A

Population served: N/A

**Address:** 2460 Brock Rd, Units C11, 12, Pickering ON L1X 0J1 **Phone:** 289-660-3448 press 2

## Durham Community Health Centre - Oshawa - Child, Youth and Family Health Clinic

Health center for paediatric populations through virtual and in-person appointments \* Team consists of nurse practitioners, psychotherapist, consulting paediatrician and medical secretary to provide care for patients from birth to 18 years of age **Requirements:** Call or visit \* no referral required \* appointments required for some programs

Population served: From birth to aged 18 years.

Address: 1320 Airport Blvd, Oshawa ON L1J 0C6 Phone: 1-877-227-3217

## Whitby Urgent Care Clinic - Durham KidsKare - Pediatric Urgent Care Centre

Pediatrician-run care centre \* treats routine illnesses, mild croup, wheezing, vomiting and diarrhea for newborn to 18 years of age \* treats minor wounds (stitches) and fractures. **Requirements:** Pediatric consultation are available same day with a family physician referral **Population served:** Newborn to 18 years.

Address: 1615 Dundas St E, Whitby ON L1N 2L1 Phone: 905-436-2273

#### East Region Adult Virtual Urgent Care Clinic

Same day virtual access to a Nurse Practitioner for patients who have minor health issues and do not have a primary care provider or access to one in a timely manner. **Requirements:** 

OHIP Card. For video calls: Email address, internet, video capability, device (e.g. laptop, smart phone). For Phone call: phone number to reach patient. **Population served:** 

Adult and pediatric patients **Address:** 115 Grassmere Ave, Oshawa ON L1H 3X7 **Phone:** 1-888-684-1999

#### **Telemed Oshawa**

Walk-in medical clinic offering virtual and telemedicine support \* services include prescriptions, referrals to specialists, blood work requisitions and more **Requirements:** Call, walk in, or book online \* health card required

**Population served:** People who need medical care for minor illnesses and injuries

**Address:** 202 King St E, Oshawa ON L1H 1C4 **Phone:** 905-404-5464 option 2

Many physicians offer virtual visits.

If you have a family doctor, reach out to them first to see if they can see you.

## Indigenous Care Clinics <u>Chippewas of the Georgina Island - Health Centre</u>

Health centre providing family medical care and community-based health programs \* team of family doctors, nurse practitioners and other health providers \* referral to other regional health services.

**Requirements:** Call for an appointment \* valid health card and certificate of Indigenous status (if applicable) required

Population served: Members of Chippewas of Georgina Island

Address: Georgina Island Health, Box N-13, RR 2, Sutton West ON LOE 1R0 Phone: 705-437-4242

## Mississaugas of Scugog Island First Nation - Health Programs and Services

Opportunities to improve health services, and improve the well-being, mental and physical health of members of the Scugog community **Requirements:** 

Call or visit \* valid health card and certificate of Indian status (if applicable) required **Population served:** Members and community members of the Mississaugas of Scugog Island First Nation

Address: 22600 Island Rd, Port Perry ON L9L 1B6 Phone: 1-877-688-0988

## **Walk In Clinics**

#### Ajax

## Ajax Family Care Centre

Walk-in medical clinic with associated family practice \* currently not seeing patients in the clinic \* telephone appointments only. **Requirements:** Call or visit \* no referral required

**Population served:** People who need medical care for minor illnesses and injuries

Address: Real Canadian Superstore, 2nd Fl, 30 Kingston Rd W, Ajax ON L1T 4K8 Phone: 905-426-2501

## Harwood Medical Centre

Walk-in medical clinic with associated family practice \* doctors and nurses assess and treat minor illnesses and injuries **Requirements:** Call or visit \* no referral required

**Population served:** People who need medical care for minor illnesses and injuries

Address: 19 Harwood Ave S, Ajax ON L1S 2B9 Phone: 905-231-1122

## Kingston Medical Clinic

Walk-in medical clinic with associated family practice **Requirements:** Call or visit \* no referral required

**Population served:** People who need medical care for minor illnesses and injuries

**Address:** 65 Kingston Rd E, Unit 1, Ajax ON L1S 7J4 **Phone:** 905-239-4400

## **Rossland Medical Centre - Ajax**

Walk-in medical clinic with associated family practice \* doctors and nurses assess and treat minor illnesses and injuries \* pharmacy on site **Requirements:** Call or visit \* no referral required

**Population served:** People who need medical care for minor illnesses and injuries

Address: 1 Rossland Rd W, Unit 15, Ajax ON L1Z 1Z2 Phone: 905-426-9880

## Westney Heights Medical Centre

Walk-in medical clinic **Requirements:** Call or visit \* no referral required

Population served: People needing medical care for minor illnesses and injuries

Address: 15 Westney Rd N, Ajax ON L1T 1P4 Phone: 905-428-8055

#### **Brock**

## **Good Doctors Medical Clinic - Ramara - Medical Clinic**

Medical clinic \* doctors and nurses assess and treat minor illnesses and injuries **Requirements:** Call or visit website to book an appointment

**Population served:** People who need medical care for minor illnesses and injuries

Address: 3242 Ramara Rd, Unit 47, Brechin ON L0K 1B0 Phone: Clinic: 705-302-5038

#### **Georgina Nurse Practitioner Led-Clinic**

Medical clinic focused on family and community health \* team based care led by nurse practitioners and a team consisting of social workers, dietitian, pharmacist, registered practical nurse, physiotherapist, pharmacist and consulting physician to assess and treat non-life threatening injuries or illnesses

**Requirements:** Call for appointment \* appointment required

**Population served:** Registered patients only \* must be Town of Georgina residents currently without a regular health care provider

Address: 21071 Dalton Road, PO Box 340, Sutton ON LOE 1R0 Phone: 905-722-3251

## Brock Community Health Centre - Primary Health Care Program - Cannington

Health centre focused on family and community health \* health professionals assess and treat non-life-threatening injuries or illnesses \* referrals to other local health services and personal development groups

**Requirements:** Call the Primary Health Care Program at 705-432-3388 to place your name on our client intake list

Population served: Must be a resident of Brock Township and vicinity

Address: 64 Cameron St E, Cannington ON LOE 1E0 Phone: 705-432-3322 Press 1 Clarington

## **Bowmanville Urgent Care Clinic**

Walk-in medical clinic \* building houses laboratory, x-ray and pharmacy **Requirements:** No referral required

**Population served:** People who need medical care for minor illnesses and injuries

**Address:** 222 King St E, Suite 1100, Bowmanville ON L1C 1P6 **Phone:** 905-623-6458

## **Clarington Urgent Care Clinic**

Walk-in urgent care medical clinic **Requirements:** Walk-in

**Population served:** People who need medical care for minor illnesses and injuries \* OHIP card required

Address: 2320 Hwy 2, Bowmanville ON L1C 3K7 Phone: 905-697-1466

## **Courtice Health Centre**

COVID-19 service changes: By appointment only \* Virtual urgent care available, call 905-721-6600

Requirements: Call or visit \* no referral required

**Population served:** People who need medical care for minor illnesses and injuries

Address: 1450 Hwy 2 E, Courtice ON L1E 3C3 Phone: 905-723-8551 ext 2

## HALO Medical Clinic - Courtice

Walk-in medical clinic with associated family practice \* doctors and nurses assess and treat minor illnesses and injuries \* home visits available. **Requirements:** Call or visit \* no referral required

Population served: People who need medical care for minor illnesses and injuries

Address: 2727 Courtice Rd, Unit B7, Courtice ON L1E 3A2 Phone: 905-233-1919

## HALO Medical Clinic - Prestonvale

Walk-in medical clinic with associated family practice \* doctors and nurses assess and treat minor illnesses and injuries \* telemedicine **Requirements:** Call or visit \* no referral required

Population served: People who need medical care for minor illnesses and injuries

Address: 15 Rosswell Dr, Unit 7, Courtice ON L1E 0E2 Phone: 289-404-2933

## King Street Medical Centre

Walk-in medical clinic with associated family practice \* services includeprescriptions, referrals to specialists, blood work requisitions and more **Requirements:** Call or walk in

Population served: People who need medical care for minor illnesses and injuries

**Address:** 133 King St, Unit 4, Bowmanville ON L1C 1N6 **Phone:** 905-419-0110

#### Walk-in Clinic and Medical Center - Courtice

Walk-in clinic with associated family practice \* walk-in clinic offers in-person and virtual care **Requirements:** Walk-in

Population served: People who need medical care for minor illnesses and injuries

Address: 1405 Bloor St E, Unit 5, Courtice ON L1E 0A1 Phone: 905-674-1237

#### Oshawa

#### Harmony Medical Clinic

Walk-in medical clinic with associated family practice \* on-site pharmacy **Requirements:** Call or visit \* no referral required

**Population served:** People who need medical care for minor illnesses and injuries

**Address:** Real Canadian Superstore, 1385 Harmony Rd N, Oshawa ON L1H 7K5 **Phone:** 905-436-9646

## <u> Jack Nathan Health - Oshawa - Harmony Rd N</u>

Walk-in medical clinic **Requirements:** Drop-in \* no referral required

**Population served:** People needing medical care for minor illnesses and injuries

**Address:** Walmart Supercentre, 1471 Harmony Rd N, Oshawa ON L1H 7K5 **Phone:** 905-440-7461

#### <u>Medical Trust Clinic - Oshawa - Simcoe St N</u>

Walk-in medical clinic with associated family practice **Requirements:** Drop-in \* no referral required

**Population served:** People needing medical care for minor illnesses and injuries

**Address:** Oshawa Health Centre, 247 Simcoe St N, Suite 101, Oshawa ON L1G 4T3 **Phone:** 905-728-7915

#### <u>Oshawa Clinic</u>

Walk-in medical clinic with associated family practice **Requirements:** Call or visit \* no referral required

Population served: People who need medical care for minor illnesses and injuries

Address: 117 King St E, Oshawa ON L1H 1B9 Phone: 905-723-8551

#### Taunton Health Centre

Walk-in medical clinic with associated family practice **Requirements:** Call or visit \* no referral required

**Population served:** People who need medical care for minor illnesses and injuries

**Address:** 1290 Keith Ross Dr, Oshawa ON L1H 7K4 **Phone:** 905-723-8551

#### Windfields Medical Centre

Walk-in medical clinic **Requirements:** N/A

Population served: People who need medical care for minor illnesses and injuries

**Address:** 2620 Simcoe St N, Unit 1, Oshawa ON L1L 0R1 **Phone:** 905-432-9463 ext 2

#### Pickering

## **Pickering Urgent Care Family Practice**

Walk-in medical clinic with associated family practice \* doctors and nurses assess and treat minor illnesses and injuries **Requirements:** Call or visit \* no referral required

**Population served:** People who need medical care for minor illnesses and injuries \* must have a valid OHIP card

Address: 1450 Kingston Rd, Suite 6B, Pickering ON L1V 1C1 Phone: 905-831-8333

## Superseven Walk-in Clinic - Pickering

Walk-in clinic **Requirements:** Walk-in \* no referral required

Population served: People who need medical care for minor illnesses and injuries

Address: 2200 Brock Rd, Unit 16, Pickering ON L1X 2R2 Phone: 905-427-7577

#### **Port Perry**

#### **Medical Associates of Port Perry**

Same-Day medical clinic with associated family practice \* team includes family doctors, nurse practitioners, nurses, social workers, chiropodists (foot care specialists), pharmacist and dietitian.

Requirements: Call or visit \* no referral required

**Population served:** People who need medical care for minor illnesses and injuries.

Address: 462 Paxton St, Port Perry ON L9L 1L9 Phone: 905-985-2895

#### North Durham Family Health Team

Medical care team focused on family and community health \* coordinates patient care in order to assess and treat injuries or illness \* team includes family doctors, nurse practitioners, nurses, social workers, chiropodists (foot care specialists), pharmacist and dietitian. **Requirements:** Call for appointment

Population served: Registered patients

**Address:** 462 Paxton St, Port Perry ON L9L 1L9 **Phone:** 905-985-2895

## Uxbridge

## **Uxbridge Health Centre**

Walk-in medical clinic with associated family practice **Requirements:** Call or visit \* no referral required

Population served: People who need medical care for minor illnesses and injuries

Address: 4 Campbell Dr, Bldg B, Uxbridge ON L9P 1R5 Phone: 905-852-1009

## Whitby

## Whitby Urgent Care Clinic

Walk-in medical clinic with associated family practice \* pediatric clinic **Requirements:** Drop-in \* no referral required for walk-in clinic \* appointment required for family practice

**Population served:** People who need medical care for minor illnesses and injuries.

Address: 1615 Dundas St E, Whitby ON L1N 2L1 Phone: 905-436-2273

## Family Care Medical Centre - Whitby

Walk-in medical clinic with associated family practice \* doctors and nurses assess and treat minor illnesses and injuries

**Requirements:** Call or visit \* no referral required for walk-in clinic \* registered patients only for family practice

**Population served:** People who need medical care for minor illnesses and injuries.

**Address:** Whitby Town Square, 3050 Garden St, Suite 104, Whitby ON L1R 2G7 **Phone:** 905-430-5305

#### Care4You Medical Centre

Walk-in medical clinic with associated family practice \* services include: **Requirements:** Call or visit \* no referral required for walk-in clinic \* registered patients only for family practice

**Population served:** People who need medical care for minor illnesses and injuries.

**Address:** 1200 Rossland Rd E, Unit 4, Whitby ON L1N 8H3 **Phone:** 905-493-1666

## North Whitby Medical Centre

Walk-in medical clinic with associated family practice \* doctors and nurses assess and treat minor illnesses and injuries **Requirements:** Call or visit \* no referral required

Population served: People who need medical care for minor illnesses and injuries

**Address:** 3975 Garden St, Whitby ON L1R 3A4 **Phone:** 905-430-2400

## Whitby Medical Walk-In Clinic

Family practice and walk-in medical clinic \* doctors and nurses assess and treat minor illnesses and injuries **Requirements:** Drop-in \* no referral required

Population served: People needing medical care for minor illnesses and injuries

Address: 3910 Brock St N, Unit 4, Whitby ON L1R 3E1 Phone: 905-444-9493

## The Health Clinic by Shoppers

Walk-in medical clinic with associated family practice **Requirements:** Drop-in \* no referral required

**Population served:** People who need medical care for minor illnesses and injuries.

Address: Kendalwood Plaza, 1801 Dundas St E, Whitby ON L1N 7C5 Phone: 905-404-9191

## **Glen Hill Medical Walk-In Clinic**

Walk-in medical clinic including: **Requirements:** Call or visit \* no referral required

**Population served:** People who need medical care for minor illnesses and injuries.

**Address:** Thickson Place Plaza, 80 Thickson Rd S, Whitby ON L1N 7T2 **Phone:** 905-674-0455